

# St John's School &

# Catholic Community Kindergarten Nurturing your joy



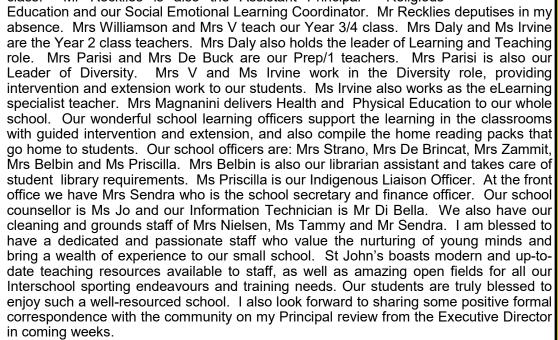
"Knowledge speaks, but wisdom listens!"

Term 1 Week 6 - 2nd March, 2022

Dear Parents.

Amazingly, we are over halfway through this term! I am incredibly impressed with student commitment to behaviour, respect and engagement to learning. Thank you parents for reinforcing with your child/ren about doing their very best at school.

I would like to share with the community how extremely well-resourced St John's School is in relation to staff, learning and teaching resources and facilities. For new and familiar families I will outline our team at St. John's in 2022. Mr Recklies and Mrs De Buck teach the Year 5/6 class. Mr Recklies is also the Assistant Principal - Religious



On Friday, Mr Recklies and myself took pleasure in reading written applications submitted by our school leaders vying for executive leadership positions on the St John's Justice Squad. I congratulate: Ailie - President, Ellie - Vice President, Jada -Secretary, Cooper - Treasurer, Fundraising officers - Madison, Savannah, Sam and Media officers - Finn E and Finn J. I look forward to working with our leaders and have witnessed these students leading by example through their actions and words with staff, visitors and younger students.

Presently in the church and school calendar, we are focussing on the season of Lent. Students examine themselves closely over the next 40 days to see how they can be a better person.

The planning for the Nature Play - Stage 2 Corridor is progressing well with Mrs Sendra and myself finalising design elements. Thank you to the P&F for contributing significant funds to this project and the commitment to working in partnership with the school to complete this project. The students are sooooo excited! Check out the back

"Wisdom teaches her children and gives help to those who seek her." -Sirach 4:11. "Wisdom is something we acquire through our own life experience, the ebbs and flows of our ordinary days. If we are wise, we will continue to listen to those around us. Wisdom shared within a community strengthens all." - Ann Rennie May the peace of God be with you and your family, Mrs Bryan , Principal.



# Diary Dates

#### Wednesday 2nd March

- Ash Wednesday
- Playgroup 9-11am
- Director School Effectiveness visiting

### **Friday 4th March**

- Assembly (classrooms)
- Rugby League training
- ◆ Deputy Exc. Director visiting

## **Monday 7th March**

- 3 Saints Meeting 2pm **Tuesday 8th March**
- ♦ Choir rehearsal

# Wednesday 9th March

- ◆ Playgroup 9-11am Friday 11th March
- Touch Football Carnival at Tully SHS Saturday 19th March
- ♦ School/Parish Mass 6:00pm

#### **Monday 21st March**

- Rugby League St John's V St Rita's **Monday 28th March**
- ◆ P&F AGM

# Friday 1st April

♦ Interhouse Cross Country 9:15am

**CONTACT DETAILS** Phone: 07 4065 9530 Mobile: 0418 888 672

Harold St, Silkwood, Q. 4856 www.stjohnssilkwood.qld.edu.au www.facebook.com/StJohnsSilkwood

ways Reaching For New He



Congratulations to our Justice Squad Year 6
Leaders. We recognise all our Year 6 students as leaders who will be working together to coordinate, plan and run activities designed to support those in need in our school, parish and wider community.

Thanks to everyone for supporting the first Justice Squad fundraising initiative 'Pancake Tuesday' and to all parents who helped out on the day. A special thanks to Mrs Vicki De Brincat for her work behind the scenes and Mrs Belbin for her support.

#### **Project Compassion:**

Caritas Australia, a trusted Catholic organisation, is set up to end poverty, promote justice and uphold dignity. During Lent we



traditionally have almsgiving as one of our three focus areas. We are asked to support those who have less than ourselves and provide what we can spare to organisations such as Caritas Australia. This assists us in doing our bit to end poverty and make a more just world. The focus is 'For All Future Generations' and the funds raised go to supporting people living in the world's most vulnerable communities. All families have been given their own Project Compassion donation boxes to add to as you see fit to do so during the Lenten Season.

Our other two focus areas during Lent are Prayer and Fasting. As Catholics ,we recognise that whilst God is always open to us, we often get caught up in our own lives and don't take the time to connect as often as we should. **During Lent**, we intentionally **pray and reflect upon our lives**, so as to



better connect with God. The tradition of fasting during Lent stems from showing that we are committed to serving God and we are willing to forgo pleasures and share what we have with others. Meat is traditionally abstained from on Ash Wednesday and Fridays during Lent. Purple is the Liturgical Lenten season colour.

This Week's Catholic Iconography: Our faith is based upon Jesus Christ – son of God. Begotten not made, one being with the Father, Jesus our Saviour.

Mr Gary Recklies







#### Justice Squad News

On Tuesday we held our first fundraising activity by celebrating Pancake Tuesday. All funds raised will go towards Project Compassion. Sincere thanks to all helpers for assisting in making this day



possible and a success. Thank you to families, including Kindy families for supporting our project. Our next meeting will be held on Thursday 3rd March to discuss our next fundraising event. (Clue - Go Green!)

#### **Term 1 Sport Overview**

Thank you all for welcoming me to St. John's. The students are so respectful and really LOVE their sport! In PE we are currently focussing on touch football skills and drills. The upper school students are excited to attend the Touch Football Gala Day at the Tully State High School on Friday 11th March. Parents are also welcome to come along. The St John's Rugby League team is in training with Mr Leon to take on our sister Catholic School St Rita's, SJ. This game will be held at St John's on Monday 21st March with kick off scheduled for approx. 1:30pm. The whole school will be cheering and parents are welcome to attend. Finally, students are in training for our Cross Country to be held on the last day of Term 1, Friday 1st April at 9:15am. Parents, encourage your child to build their stamina by running laps around their home.

Yours in Sport, Mrs Magnanini.

#### **P&F News**

Thanks to all who attended our first General meeting for the year. The Nature Play-Stage 2 is getting closer to construction. It's great to hear the St Alfio Festival is on again. With parental help, the festival will bring extra funds to the P&F to distribute. A special meeting will be held on Monday 7th March at 2:00pm for all interested parents to discuss this fundraiser. Next meeting will be the AGM, followed by a general meeting on Monday 28th March at 3:15pm. Thanks for supporting our great school. *Brett Gaia, President* 



Happy Birthday: Harlee, Alessia, Ellie.

# Second Step Superstars



Harlee - Focussed attention during group times
Cody - Focussed attention during guided reading
Baylen - Always being respectful and listening
carefully

**Emily M** - Taking care with your spellings when writing

**Evelyn** - Role model for focussed attention on displaying accuracy for learning

**Dominic** - Commended for consistent focussed attention when asked to listen

**Billy** - Using respectful dialogue with peers in classroom discussions

**Ailie -** Being responsible and using focussed attention in your leadership role



# From your School Counsellor......Importance of Sleep

A lack of sleep can feel like torture. I am sure those of us who had a colicky newborn can attest to this. Poor sleep will impact on our children's general wellbeing and ability to focus while at school. Research tells us that good-quality sleep helps with concentration, memory, regulating emotions, and behaving well. This all contributes to your child learning well. (Raising Children Network).



QLD Health recommend good sleep habits that include:

- Have a regular sleep pattern. The 24-hour body clock that controls sleepiness and wakefulness works best if there is a regular sleep routine.
- Have a consistent pre-bedtime routine. This will help your child settle and prepare for sleep. It may include reading quietly, a warm bath or a warm milk drink.
- Limit access to electronic devices. Light from electronic devices can reduce the evening levels of the sleep promoting hormone, melatonin, making it more difficult to fall asleep.
- Ensure the sleeping environment is quiet, dark and comfortable. Children sleep best in their own bed. If a night light is required, a red light is preferred. Some relax to soothing, gentle music.
- Daytime exercise and natural light exposure may improve sleep at night. Children who are inactive through the day and/or are not exposed to natural sunlight, particularly early in the morning, may have difficulty falling asleep at night.
- **Self-settling.** Children wake at night partly because they're worried about being separated from their parents. This is normal. Children may need help to overcome this worry as a step towards becoming more independent sleepers. Praising your child in the morning for staying in bed at night can help reinforce the good behaviour.

Every child is different and will have different sleep habits and responses. If you are finding your primary school aged child is not getting their recommended 9-11 hours, you are welcome to contact myself for direction, research the below links or please consult your GP.

www.childrens.health.gld.gov.au/fact-sheet-healthy-sleep-children/

www.raisingchildren.net.au

www.sleephealthfoundation.org.au/

Regards, Miss Jo.

**Kindy News** Our Kindergarten group have really enjoyed the way the weather has affected their outdoor play over the last fortnight. They started off enjoying the

sunshine; driving the trucks around, picking up leaves and rocks, and building sheds for them. Then our yard got very wet, and they were able to splash the trucks through the mud. In our rock garden, which was filled with water, they worked on building boats to sail and role played at fishing. Would you believe they caught cuttlefish, barramundi, coral trout, jelly fish and a friendly shark! This Kindergarten group has great imaginations and good knowledge of sea life. We loved seeing this engaged play in our beautiful outdoor space and were happy to

communicating with one another and being imaginative. We are currently working on recognising our names, utilising a

number of different play and routine opportunities to do this. You can help by encouraging your child to find their name on the fridge and

add it to our 'who is here today?' tree.

Everyone is also working on a drawing to add to their journals. The journals are kept near the book mat and will hold work samples,

> observations and learning stories for each child. Drawing provides so many benefits, including building on fine motor skills, developing hand-eye coordination, creative expression, is the foundation of pre-writing skills, builds attention span and develops cognitive understanding of concepts. Our drawings are a great reminder of our skills at this point in time, and the children and families are able to look in their journals any time they like to look back at their work and memories.

**Enquires call: 42 52 5755** 

Email: kindy.silkwood@ccelc.catholic.org.au

Web: www.ccelc.catholic.org.au/community-kindergarten/silkwood/



CHECK IT OUT! School Silkwood **GAMES CORRIDOR** 2.5m Synthetic Grass Either Side of Board Walk 4m Chess Board 1.7m Between Connect Four and Edge of Boardwalk 0.75m 2.8m 3m Distance between hopscotch and seating pod between seating pod and Connect Four 1m 5m Border - Different Coloured Concrete

St John's Catholic Primary



Nature Play - Stage 2

# Clean Up Australia

\*CRUMBED LAMB

CHOPS

\$14.90 KG

\*ITALIAN RISSOLES OR

**BURGER PATTIES** 

\$10.99KG

\*HONEY SOY

**CHICKEN WINGS** 

\$5.99 KG

This Week's

ecials

I'm participating in Clean Up Australia Day! Our beautiful environment is no place for rubbish and debris so we're teaming up to clean up Taifalos Park, Kurrimine Beach.

https://www.cleanupaustraliaday.org.au/fundraisers/ suedorrington is my volunteer page!

For further details email me on suedor62@hotmail.com Thank you for your support! Remember - change starts with you!

Sue Dorrington