

# St John's School & Catholic Community Kindergarten Nurturing your joy



### "Child Protection is everybody's business. It's mine....and it's yours!"

Term 3 Week 9 – 7th September, 2022

Dear Parents.

Thank you to the parents who attended our Open Morning yesterday to ask questions and find out what makes our school so great. It was lovely to meet you all. We still have a few vacancies in some classes for next year, so if you are considering an education at St John's for your child, visit our website and complete an online enrolment to secure a place.

Wow! Oh what a night! I am sure you all agree that our Australian Curriculum Dance Showcase night was SENSATIONAL. Parents commented that they were delighted to see every student dancing with absolute joy and giving their performance 100%. Thank you to the P&F for the delicious dinner and desert inspired from the 70s to go with the 70s disco theme. We are very lucky at St John's to be part of community that is shaped by Faith, Hope and Love. Most importantly, remember to do *The Hustle* with the kids as they love it!

Thank you to everyone who attended our Fathers' Day afternoon last week. Although the weather forced a few outdoor activities to be cancelled, we still managed to have a great afternoon undercover with the Dads and Grand Dads that came along!

Congratulations to Max for gaining selection in the Peninsula Track/Field team!

As St John's prepares for our external five-year review, I took a moment to reflect. What makes a school? More specifically, what makes a great Catholic school? What makes a school, and a Catholic School to be specific is the heart. It's the Catholic ethos that's at the core of everything we do. It's the belief that every person - student, staff member, parent - is made in the image and likeness of God. It's the belief in community and parent engagement. It is the joy of the young people within our care. It's looking out for, and loving the marginalised and outcast of our community. It's the focus on wellbeing and engagement. It's our mission to ensure a world class education for all our students. This is what makes St John's a great school. A great school in the Catholic tradition and a great school within the Cairns Catholic Education community. We are blessed in Silkwood to be part of this community. A community of 30 schools and Catholic Education Services, working together and supporting one another.

Save the date - Our final Parent workshop in the wellbeing series - 'Self-Care for Parents' will take place next Thursday 15th September 3:15pm. This is a community event and all parents are welcome.

On the holidays, you might want to get the 'kaleidoscopes' out the kids made on National Science Week celebration day and do some exploring in the garden. We all enjoyed our science activities immensely. This week provides an opportunity to acknowledge the contributions of Australian scientist to the world of knowledge. It also aims to encourage an interest in science pursuits with students and the general public, and to encourage young people to be fascinated by the world we live in.

Enjoy the upcoming holiday break and thank you again for all you do. Regards, Mrs Bryan

### Diary Dates

#### Wednesday to Friday 7th to 9th September

- ♦ Year 5/6 school camp **Thursday 8th September**
- R U OK? Day -Check in on someone Friday 9th September
- Prep/1 visit to Kindy Monday 12th September
- ◆ P&F meeting 3:15pm Tuesday & Wednesday 13th & 14th September
- Five-year review with Mr Trevor Gordon (ex principal of Cairns State High School) Thursday 15th Sept.

### Jim Graham Cup

- Calendar Park
- ♦ Whole school excursion -First Nations conservation learning experience
- Parent Workshop -Self Care for Parents 3:15pm in the hall

### Friday 16th September

- Last day of term
- Community Movie at Silkwood Soccer grounds 7:00pm

### **Tuesday 4th October**

School and Kindy resume –Term 4

**CONTACT DETAILS** 

Phone: 07 4065 9530 Mobile: 0418 888 672

Harold St, Silkwood, Q. 4856 www.stjohnssilkwood.qld.edu.au www.facebook.com/StJohnsSilkwood







Dear Parents and Caregivers, As we begin Spring this year, we are reminded that God exists in all life which is to be cherished and nurtured. Pope Francis shares this message in Laudato Si' – caring for our common home: visit www.laudatosi.org for more information.

We would like to express our sincere gratitude to Bishop James Foley who has served the community for the past 30 years. We thank him for all his work in



relation to supporting our children and families grow in faith. May his retirement be full of joy!



We are supporting Catholic Missions through Socktober this SOCKTOBER October. Our school will be helping Sock it to Poverty fundraise and raise awareness for the most needy visit:

www.socktober.org.au/ethiopia for more information.

#### Parent/Teacher Interviews

Pto Parent/Teacher Interviews commenced this week and will be held over Week 9 and Week 10 of term. At St John's we strive to build a partnership between parents and your child's teacher. It helps your child to feel a sense of belonging and supports their learning. These key people in their lives are working together for the same goals and provide a foundation for the best learning outcomes for children. The PTO (Parent Teacher Online) system is very user friendly.

#### **Sport**

- ⇒ Ty Williams Cup Well done Year 3 & 4 boys on a great day of fierce competition and sportsmanship. Thank you to Mr Leon for coaching and developing skills that will see these boys striving to play rugby league in the NRL Competition!
- ⇒ Jim Graham Cup Good luck Cooper M, Finn E, and Sam who will be participating in the Catholic Primary School Boys Rugby League carnival next Thursday at Calendar Park.
- ⇒ **Swimming** Get ready for swimming next term! St John's will be delivering their annual water safety and confidence classes at the Tully Pool. Dates are as follows:
- Tuesday 11th October, 1:00pm 2:00pm (Week 2)
- Tuesday 18th October, 1:00pm 2:00 pm (Week 3)
- Friday 21st October, 1:00pm 2:00pm (Week 3)
- Tuesday 25th October, 1:00 2:00pm (Week 4)
- Swim Carnival Friday 28th October 9:15am 2:30pm If parents have any concerns about your child's swimming ability, please email Mrs Magnanini on

amagnanini@cns.catholic.edu.au by Thursday next week at 3:00pm so swim groups can be organised.

Ty Williams CUP





### **Child Protection Week**

is an opportunity to promote the value of children and focus attention on the issues of child abuse and



neglect. "Protecting children is everyone's business!"

Resources for primary school children can be found at https://www.napcan.org.au/childrens-activitybooklet-available-for-download/

#### School Camp

They're off! Our Year 5 and 6 students left this morning on their 3 day/2night camp travelling to Port Douglas and exploring the Mossman Gorge, Herberton Historical Village, visiting Hartley's Crocodile adventures and learning about the St Monica's Cathedral windows! A big thank





you to the P&F for contributing towards the senior camp and to Mr Gaia for driving the bus on camp. Check out our facebook page to follow their adventures!

#### P & F News

Over the last few weeks we have had fantastic parent engagement at St John's coming together to share and celebrate

school events with our kids. The 70s disco dance night was amazing, (thanks ladies for catering on the night), Fathers' Day afternoon and the Parent Well-Being Workshops held this term have allowed parents to be involved and participate in the learning experiences of our kids with the school.

At the last P&F meeting we discussed in detail construction of Stage 2 of the Nature Play space recently completed. Members decided to shade this new space so the students will be able to use this area every day throughout the year. We have accepted a quote from Goondi Shades to construct and erect 4 sails between the two buildings. This will complete works for this year on this area.

The next P&F meeting is Monday 12<sup>th</sup> September 3:15pm in the library and all are welcome.

The P&F is an active group of parents who are always looking to support our kids with the best learning opportunities.

Brett Gaia, President.

### From your School Counsellor.....Miss Jo.

Past, Present or Future Thoughts Drive Emotional Mindsets!

Wellness is supported by the balance of our past, and future present thoughts.

Past: - If we spend most of our time thinking about past mistakes or actions, this can lead us to feel low and depressed about our self

Future: - If we find ourselves preoccupied with future events or worrying about things that haven't occurred yet, then this can lead us to feel anxious or stressed

Present: - If we find ourselves constantly living in the moment, not reflecting on the past or preparing for the future, we can become unmotivated and unfocused.

As emotionally intelligent beings a balanced world view is achieved through thought

processes that equally reflect on the past, be prepared for the future and mindful of the present. If you start to hear your child's self-talk dominated in one area (Past, Present or future) gently remind them of the power of their thoughts and role model a more balanced thought process to support general wellness.

"It isn't good to let our thoughts disturb us or worry us at all." - St. Teresa of Ávila

"What you think you become" - Guatama Buddha.

"Children are what they hear" - Anonymous

Be mindful of the balance of your own thoughts and voice – "What dominant messages are you sharing?".

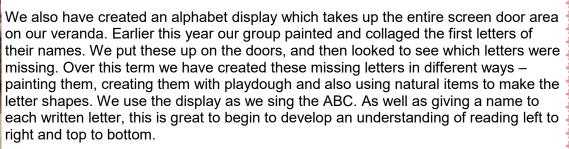
Be present, pratice gratitude, be mindful of your surroundings, focus on the here and now Prepare for the future to procure Reflect on the past, accept motivativation and excitement. mistakes, learn from them Anticipate and plan for your needs. Give time to positive memories, Don't give unnessary time to fears accept what you can not change. or worries that may not come true. Spend a third of your time

## Kindy News

At Kindergarten we aim to encourage a love of reading, and to help each child to explore literacy in meaningful ways. Early literacy skills

are important to explore with children before they begin school and start the tricky task of learning to read! We engage with lots of different texts at Kindy, both as a whole group, and throughout our learning environments by using name and word cards, magazines in our role play area, clip boards outside, recipes when we cook, lists for routine tasks (like taking our pet stuffed toy Shelly home) and of course our library books. We also aim to explore sounds and letters throughout the year. This term we have been focussing on

rhyming with the children developing an understanding of rhymes and trying to create their own.



We hope everyone has a great break and comes back ready for a busy term 4. Our term calendar will be sent out by the first week of term both via email and onto OWNA. Keep an eye out for it:)

Ms Cheryl and Mrs Greco

**Enquires call: 42 52 5755** 

Email: kindy.silkwood@ccelc.catholic.org.au

Web: www.ccelc.catholic.org.au/community-kindergarten-silkwood/







**Enrol Now For 2023** Online: www.stjohnssilkwood.qld.edu.au/enrol









Wishing families a safe and relaxing school holiday break!

