





Well Women's Clinics

- ♦ Tully Hospital, Wednesday 3rd & 24th May 2023, for appointments phone 4226 4812
- ♦ Mission Beach CHC, Tuesday 2nd & 30th May 2023, for appointments please phone 4016 1447 Service includes Cervical Screening Tests (Pap Smears), Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, etc. All services are provided by a specially trained Women's Health Nurse.

hese clinics are available to Medicare eligible clients







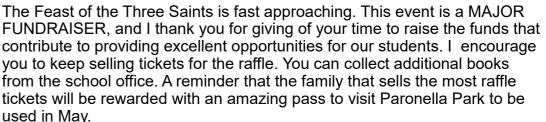
St John's School & Catholic Community Kindergarten Nurturing your joy Childcare L Kindergarten L OSH-Care



"Education is the most powerful weapon which you can use Term 2 Week 2 – 26th April, 2023 to change the world" Nelson Mandella

Dear Parents/Carers,

Welcome back to Term 2. I trust you had a great break and enjoyed some fun activities with your children. We certainly were blessed with beautiful weather. Now, we can enjoy the rain which has brought some welcomed relief from the heat.



The P&F will be holding a pie drive this term. The pies, made by Tully Pies, are delicious. They are handy to have in the freezer for that "What will we have for dinner?" meal. Order forms will be sent home in the coming weeks.

On Friday, a selected team of 10–12-year-old students will attend the Cassowary Coast District Cross Country trials at Warrina Lakes in Innisfail. We wish them the best of luck.

Be sure to add Friday 12th May to your diary when we will host a Mother's Day celebration. All mothers, grandmothers and aunts of playgroup, Kindy and school children are invited to attend this special afternoon. A formal invitation will be sent home next week. Keep an eye out for it.

Last week, Mrs Daly, Mrs Parisi and I attended two days of professional learning focused on improving student achievement and growth. These days were a continuation of work begun last year; work that informs a large part of • 75 Years Celebration our School Annual Improvement Plan. What struck me was that much of what we explored is not new. Rather, ensuring we have a shared understanding and shared processes across the school is vital. Mrs Daly, Mrs Parisi and I will continue this work with all staff.

Finally, thank you to all the students, families and staff who braved the wet weather to attend the Anzac Day march and service yesterday morning. I received many positive comments about the respect St John's students showed during the service. Many also noted our senior students who carried out their roles with dignity and pride. It makes me feel proud to know that our students have a sense of the importance of Anzac Day, even if they don't fully understand it. For those who have lost their lives fighting for the peace and freedom we now enjoy, and for those who continue to serve: LEST WE FORGET.

> May God's Blessings Be With You, Linda Gaia, Acting Principal.

Diary Dates

Friday 28th April

Cassowary Coast **Cross Country Trials:** selected students

Monday 1st May

 Labour Day Public Holiday Tuesday 2nd May

◆ Pie drive orders sent home

Sunday 7th May

◆ Feast of the Three Saints

Monday 8th May

Pupil Free Day

DATE CLAIMER: Friday 12th May

♦ 12:30PM Assembly. followed by Mother's Day celebrations

Sunday 14th May

♦ Mother's Day Saturday 9th September

- St John's School.
- Also celebrating 22 Years of Early Learning!



CONTACT DETAILS

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www.stjohnssilkwood.qld.edu.au www.facebook.com/StJohnsSilkwood





Happy Easter Everyone!

News Did you know the Easter season is more than just one day or one weekend? It extends for 50 days after

Easter, ending on Pentecost Sunday. Masses of the Easter season are celebrated with festive joy and unlike the rest of the liturgical year, all the readings are taken from the New Testament. The whole season is a time of deep reflection on the mysteries of faith. Jesus is risen! Alleluia!

Project Compassion

A big thank you for supporting Project Compassion this year. We raised a total of \$814.80. This is a fabulous amount, and we thank all families and staff for their generosity. This money will assist many people in need across Asia and Australia.

Sacramental Program

This term our Sacramental Program continues with the candidates preparing for Confirmation and First Eucharist, Please keep Emily P. Jorji, Porsha, Tilly, Erin and Cooper in your prayers. Join us



on Tuesday 30th May 2023 for their Confirmation Mass at 6:00PM, and again on Saturday 3rd June 2023 for their First Eucharist, also at 6:00PM.

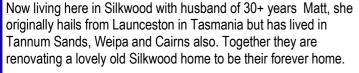
Parish School Mass

Please make a note in your diaries that Year 3/4 will be hosting Mass on Saturday 13th May 2023 at 6:00PM. All families welcome.

Deborah Daly Acting APRE, Leader of Learning and Teaching Follow on Facebook or the website-

Meet the Team...

Tam Freeman (Mrs Freeman) is our Administration Officer on Tuesday and Wednesday, and she is also completing her TAFE Vocational Placement here on Mondays in Year 3/4 and 5/6 for her Certificate IV in School Based Education Support.





Both Tam's children are all grown up, her baby Josh lives in Groningen in the Netherlands and works at Google; and Holly lives in Cairns with her fiancée (Reiii), and works at Telstra. Tam loves her children, Matt, and their doggos, a Rottweiler

(Mordy) and Dachshund (Petunia). She enjoys cooking, riding with Matt on their Harleys, gardening and reading; Her favourite author is Matthew Reilly.

Freeman Fun Facts:

- ◆ Tam & Matt spent 8 weeks in Italy for their 20th Wedding Anniversary:
- ◆ Matt, Holly & Josh are Alumni of Sacred Heart, and Matt of St Patricks College all in Launceston;
- ◆ Matt won the Řeligion Award in Year 10 at St Patricks.

Please welcome Tam to the St John's Family

P & F Spotlight

St John's School Silkwood P & F Raffle

The raffle is currently circulating in the community. If you get the opportunity, please support the P& F. Tickets are also available at the school office.

- ◆ 1st Prize Kurrimine Beach Holiday Park Family 2 Night Voucher \$290
- ♦ 2nd Prize Sunlover Cruises to Fitzroy Island 2 Adults \$183
- ♦ 3rd Prize Skyrail Return Trip 2 Adults \$177
- ♦ 4th Prize Paronella Park Family Pass \$162
- ♦ 5th Prize Snapping Tours Family Pass \$120
- ♦ 6th Prize Snapping Tours Family Pass \$120
- ♦ 7th Prize Hartleys Creek Family Pass \$112.50
- ♦ 8th Prize Mamu Skywalk Family Pass \$90 ♦ 9th Prize Cairns Aquarium 1 Adult & 1 Child Pass \$82
- ♦ 10th Prize Crystal Caves Family Pass \$75

Plus... many other prizes including the Sugar Museum, Mungali Dairy, Murdering Point Winery and Cairns Hardware.

The raffle will be drawn at the Three Saints Festival on Sunday 7th May 2023, tickets are just \$2.00 each.

Birthdays Lincon, Billy & William



Feast of the Three Saints

The Feast of the Three Saints is on again on Sunday 7th May 2023. Come along and enjoy the festival to celebrate the life and martyrdom of the three brothers for their Christian belief during the 3rd century AD.

- https://www.facebook.com (search Feast of the Three Saints Silkwood)
- https://feastofthethreesaints.com.au/

Second Step Awards

The social-emotional well-being of all St John's students is a high priority. Each week, students learn **skills** to help them get along with peers, manage emotions, and succeed in school and throughout their lives. Students who display these skills are recognised through our second step awards.

Prep - Lakey, Sarnoor

Year 1/2 - Piper, Kisara

Year 3/4 - Charlotte D., Ruby M., Evie B.

Year 5/6 - Sean, Oliver



Principal's Recognition— Billy

Reading Awards 50 Nights

Prep - Sarnoor, Nathania, Kelsea, Hailey, Kohen, Abby, Logan, William, Tayda

Year 1/2 - Ruby F., Kisara, Scarlett M., Harlee

Year 3/4 – Benson, Emily M., Erin, Evie, Mylinda Year 5/6 – Noori, Clayton, Ned, Audrey

Reading Awards 75 Nights

Prep - Tayda

ear 5/6 - Sean, Scarlett S., Claire

From your School Counsellor.....Miss Jo.

Welcome Back to School and the Start of Term 2

I hope you all had a relaxing break and a smooth return to school routines for Term 2. I have had several parents ask for information on how to manage lying, which is a normal developmental experience in childhood. There are many reasons why children lie. In all situations it is best to determine what is the behaviour driving the action to lie.



Professor Matt Sanders from Queensland University explains pre-schoolers sometimes mix up reality and fantasy, but we expect that by primary school, children will know the difference between the two. To discourage lying, parents need to explain to their child why lying is wrong and the consequences of lying. For example, you could briefly and calmly tell your child: "Love, I feel disappointed when you lie. It makes it hard to believe anything you say. If you keep telling lies you will find that nobody will trust you." It is not helpful to corner your child in the lie. Instead try to open up a conversation and use active listening to unearth the truth, together.

Give your child opportunities to be honest and praise them for telling the truth. Your positive response will encourage them to repeat their honesty in future. For example:

- "Honey, honesty helps you build strong relationships."
- "When you tell the truth, it shows you respect yourself and others."
- ◆ "You're my kid, and I want you to feel your best. Being truthful is freeing! No lies mean no secrets to hide."

Even when a child admits to telling a lie, praise them first for their honesty, before proceeding with the disciplinary consequences. It may be tempting to punish your child for lying, particularly if this is not the first time they did it. Though this may be your initial response, you may want to stop — before you react — to consider what your goal is for your child. Your goal likely revolves around getting your child to stop lying and the importance of honesty. It's best to avoid labelling him or her as a liar and choose natural / logical consequence that will support the learnings of being honest in the future.

If your child is finding it hard to be honest, Triple P's Positive Parenting Program give suggestions of developing a written contract signed by you and your child. This contract should state what you expect your child to do and the rewards and consequences that will follow. If they have lied, the consequences for that behaviour are clearly listed in the contract. As your child learns honesty, you will no longer need a written contract as you and your child will have established a more permanent contract of trust. For examples of written contracts and other suggestions to promote honesty and trust, you are welcome to contact your School Counsellor Miss Jo for further information.

Finally, remember you can take positive steps to help them avoid future deceit. This can include giving them the chance to correct themselves and reasonable consequences for telling a lie. You may find it helpful to figure out the reasoning behind the lie. If you can determine the behaviour, it may help shape your response and help to encourage the truth in the future.

For further learnings and support please refer to:

- ◆ Triple P Parenting (https://www.triplep-parenting.net.au/qld-en/triple-p/),
- Raising Children (www.raisingchildren.net.au)
- Child Mind Institute (www.childmind.org)

Yours in Counselling, Miss Jo

Kindy Corner...

Welcome back to Kindergarten for Term 2. We are all very excited to welcome back Mrs. Greco to our team this term after an injury sitting her out of Term 1. Mrs. Greco is a valuable part of our Kindergarten family, and she was missed!



This term with everyone settled in we will begin making some trips over to St John's, which will include nature playground plays, visits with the Prep class, an exploration of the church for the Three Saints Festival and a family fun get together. We really enjoy interacting with the school, students, teachers and church community, and these visits help our Kindergarten children to build on their understanding of their place in our wider community as well as primary school life.

We will also get our Kindergarten herb and vegetable garden growing. We have already seen a big interest with the children in planting seeds and watching them grow, so I know they will be very engaged in helping with planting, watering and then tasting the produce we grow. We really value working in the garden as part of our curriculum.

There are so many avenues for learning and development – from sustainability, science, math, physical, social and language. Planting, caring for and reaping the benefits of this work; what a valuable and yummy lesson for the children.





