



St John's School & Catholic Community Kindergarten



*"Excellence is not a skill. It's an attitude!"
- Ralph Marston*

Term 4 Week 2 – 11th October, 2023

Dear Parents/Carers,

I welcome all students and families back to school. I hope you all had time over the break to relax and enjoy each others' company. It is wonderful to have the students back for another term. They have all settled in and are working beautifully; their **engagement in learning activities is evident** when I walk around the school.



I have been taking special note of students' dress since our return to school and have been impressed by the standard they continue to maintain. Thank you for ensuring your child is dressed in accordance with our uniform policy. We will continue to expect this standard for the remainder of the year, with some "looseness" in the last week to celebrate the Christmas season. If your child is unable to wear full school uniform, please call the office or email Vera or Tam at secretary.silkwood@cns.catholic.edu.au.

Today, Mrs Daly, Mrs Parisi and I are in Cairns for a Clarity Learning Fair. "Clarity" is a project we have been engaged with for the past two years which focuses on "*What Matters MOST in Learning, Teaching and Leading*". As part of the Learning Fair, we are required to present details of our journey. In preparing for our presentation, I was reminded of the commitment our teachers have to ensuring the **best educational outcomes for all our students**. I **thank them** for their dedication.

On Friday, we begin our **Water Confidence** program which consists of four lessons, culminating with our swimming carnival on Friday 27th October. This is always a wonderful day, and I encourage you to join us.

With preparations for 2024 in progress, it is important that we are made aware of possible movement, both in and out of the school community. If your situation is changing next year, please inform the office. If you know of a family interested in attending St John's, or considering it, encourage them to make contact with the school office. I am more than happy to offer parents a guided tour of our school and share details of what St John's has to offer. Two common myths about Catholic schools are that you have to be Catholic to attend a Catholic school and that Catholic schools are expensive. **Neither of these myths are correct!** Catholic schools welcome all who are willing to support our values and they have a **strong commitment** to ensuring children are not denied a Catholic education for financial reasons. The fee structure for 2024 (see the back page of this newsletter) makes St John's extremely affordable.

Congratulations goes to past student **Tegan Corby** who has been elected 2024 Vice Captain at Good Counsel College. We are **always proud to hear of the achievements** of past students. Although they are no longer with us, they are always part of us, and it makes us proud to know we have played a part in making them who they are today.

May God's Blessings Be With You,
Linda Gaia, Principal

Diary Dates

Tuesday 10th October

- ◆ World Mental Health Day

Thursday 12th October

- ◆ Good Counsel College Orientation Day

Friday 13th October

- ◆ Water confidence classes at Tully pool

Tuesday 17th October

- ◆ P&F meeting 1:30pm
- ◆ Team Up program for Year 5/6

Wednesday 18th October

- ◆ Playgroup at Kindy 9am - 11am
- ◆ Water confidence classes at Tully pool

Friday 20th October

- ◆ Water confidence classes at Tully pool
- ◆ Mini Vinnies sleepout

Tuesday 24th October

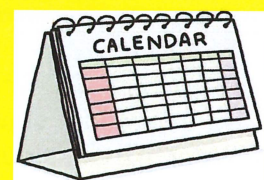
- ◆ Team up program for Year 5/6

Wednesday 25th October

- ◆ Playgroup at Kindy 9-11am
- ◆ Water confidence classes at Tully pool

Friday 27th October

- ◆ Day for Daniel
- ◆ World Teachers' Day
- ◆ Interhouse Swimming Carnival



Phone: 07 4065 9530

Mobile: 0418 888 672

Harold St, Silkwood Q 4856

PO Box 252, Silkwood Q 4856

Always Reaching For New Heights



www.stjohnssilkwood.qld.edu.au
www.facebook.com/StJohnsSilkwood



St Francis of Assisi Feast Day 4th October



Our school was founded by Parish Priest Fr Alfred Natali and the Missionary Franciscan Sisters, which makes St Francis a very important

saint for us.

Whilst not written by St Francis, the following prayer is associated with him and speaks of what mattered most to St Francis - **living in peace, love and finding joy in the simple things of life**. St Francis is renowned for seeing the beauty and majesty of God in every part of the world around us.

The Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.



O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

Amen

Video: <https://www.youtube.com/watch?v=agPnMxp5Ooc>

Our Lady of the Rosary celebrated on 7th October

The bible does "not" tell us to pray the Rosary because this form of prayer originated only during the Middle Ages. However, it is considered a very special and powerful prayer. The recitation of the Holy Rosary as a contemplative prayer, requires tranquillity of rhythm and encourages the faithful to meditate on the mysteries of the Lord's life.



Justice Squad – Sleepout

A reminder that the Justice Squad are holding a Vinnies Sleepout on **Friday 20th October**. The students are currently fundraising for this event. A guest speaker from St Vincent de Paul will attend the sleepout to address the children and run activities. The sleepout is open to students from Grades 4 to 6. Forms and money collected are due back to the school office no later than Wednesday 18th October.



Deborah Daly

APRE, Leader of Learning and Teaching

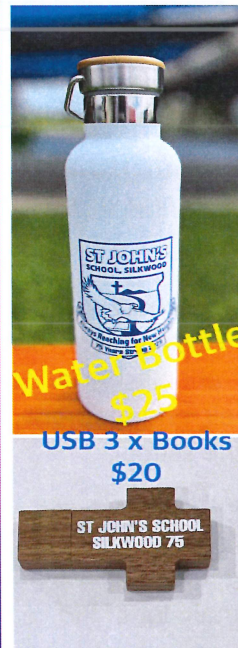
Thank You!

Thank you to Mrs Margaret Fontana who kindly repainted our counting snake along the Year 1/2 classroom. The children love it and think its amazing! Your generosity is greatly appreciated.



75th Memorabilia for Sale

There is merchandise available from the school office from our 75th celebrations. Umbrellas, tea towels, pens, coolers, water bottles are for sale, as well as a USB stick with the 3 anniversary books on it.



Water Bottle \$25

USB 3 x Books \$20



Cooler \$7



Umbrella \$30

SPORT NEWS

Our water confidence swim program will commence this Friday. Please ensure permission has been given and all your children's swim gear has been clearly marked with their name. The Interhouse Swimming Carnival is set down for Friday 27th October.

Year 5/6 students have begun preparing for the Billy Slater League Tag Carnival set down in Week 7.

Birthdays

Claire, Skye-Amiyah & Ruby M.



Second Step Awards

The social-emotional well-being of all St John's students is a high priority. Each week, **students learn skills** to help them get along with peers, manage emotions, and succeed in school and throughout their lives. Students who display these skills are recognised through our second step awards.

Prep—Abby, Kelsea

Year 1/2—Rhyder, Charlotte

Year 3—Amanat, Theiah-Rose

Year 4—Eden, Sophia

Year 5/6—Jake, Noori

Principal's Award—Kohen

Reading Awards 100 Nights—Lakey, Kisara, Tilly & Taj

Reading Awards 150 Nights—Noori & Ruby M.

Reading Awards 200 Nights—Nathania, Sean, Scarlett, Luke & Erin

Reading Awards 225 Nights—Wyatt & Claire

Reading Awards 250 Nights—Tess, Alec, Cody, Emily P & Charlotte D.

Magic Sight Words

300—Nathania

200—Logan



From your School Counsellor...

World Mental Health Day is held on the 10th October each year



The goal is to help raise mental health awareness so that people living with mental illness can live better lives with dignity.

More people are experiencing poor mental health because of the rising cost of living. We also know that this affects people living with severe mental illness.

This week is Queensland Mental Health Week. The QMHW theme is "Awareness, Belonging, Connection", reflecting on the important factors that help people maintain positive mental health and wellbeing.

Dear Mind.....Remember to make time for you!

Taking some 'me time' is important. And it also helps strengthen your mental wellbeing. Your mental wellbeing is the unique way that you handle your emotions, respond to stress and also your general outlook on life. Having a healthy sense of mental wellbeing has many benefits. It lifts your mood, promotes resilience in difficult situations and helps you get the most out of life.

How can I improve my Mental Wellbeing?

Be active for 30 minutes each day improves your physical and mental health. By taking just a few minutes to focus on mental wellbeing activities each day, you'll see big improvements. It only takes a few small actions, practised every day, to find a happier you!

The six building blocks of mental wellbeing (Access at- <https://www.mentalwellbeing.initiatives.qld.gov.au/>)-

Get Healthy

Be active, eat well and get enough sleep.

Show Kindness

Give back, sow gratitude and bring joy to others lives.

Take Notice

Be mindful. Stay in the moment. Experience the world around you.

Connect More

Develop relationships, stay connected and care about each other.

Embrace Nature

Step outside, connect with the natural world and take care of the planet

Keep Learning

Challenge your mind and seek out new things.



My wellbeing ideas:
1. Go for a walk outside
2. Work in the garden
3. Call a friend
4. Listen to a new podcast

Yours in counselling, Miss Jo

Kindy Corner...

Welcome back to Term 4! We have a lot on this term, so please check your emails, and the OWNA app for our Term Calendar. Term 4 events include play at St John's nature play, visits to the library, a Splash Pad excursion, Christmas fun with St John's and our breakup party! Please take note that our last day of Kindergarten is Thursday of Week 9.



With the weather heating up, please make sure you are packing a sun smart hat for your child every day, as well as applying sunscreen in the mornings. We will engage in more wet play this term to keep cool, so also pack an extra set of clothes or two.

Throughout this term we will be exploring time, measurement and change – the days of the week, seasons of the year,

calendar events and the children's transition to school. By now, it is ideal to have your Kindergarten child enrolled at primary school so they can attend transition days. These days are really beneficial to attend as they become familiar with the space and the people they will be with next year. This is an important step in ensuring a smooth transition into your child's schooling life.



Have a Wonderful Week! Miss Cheryl

Enquires call: 07 42 52 5755

Email: kindy.silkwood@cclc.catholic.org.au

Web: www.cclc.catholic.org.au/community-kindergarten-silkwood/



Enrol Now For 2024

St John's is a welcoming community committed on imparting over and above an academic education by developing fundamental values in every child to reach their full potential in an ever changing world!

From 2024, St John's is even more affordable for all families! Our new fee structure (\$150 per term), will ensure all families wishing to access a Catholic Education will be catered for.

Buses collect children from Mission Beach, El Arish, Kurrimine Beach, Silkwood, No. 4 Branch and Walter Lever Estate areas.

Come in and see what St John's has to offer!

Not Catholic? Don't worry, you don't have to be Catholic to access a Catholic Education.

Call 4065 9530 or visit our website to complete an online enrolment.

Look for this button



(Limited spaces in some classes)

Now St John's is even more affordable!



From 2024, it's even easier to send your child to St John's School, Silkwood.

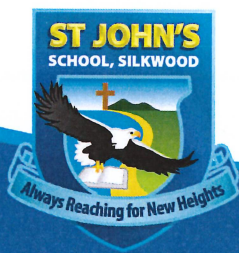
2024 Tuition Fees		
	Per Year	Per Term
1 Student	\$600	\$150
2 Students	\$1,020	\$255
3 Students	\$1,260	\$315
4 Students	\$1,680	\$420

Our new, simple fee structure means there's a place waiting for your child at St John's - for just \$3 per day!

And there are further discounts for two or more children.

To apply for a place for your child at St John's School, or to find out more, please visit our website or contact one of our friendly staff.

- Please note:
- No additional Health Care or Pension Concession discounting is available.
 - Excursions and camps will be billed to families separately and are not included in the fees above.
 - Sibling discounting is capped at 30% for 3+ students in all Catholic schools in the Diocese of Cairns.



- www.stjohnssilkwood.qld.edu.au
- 4065 9530
- secretary.silkwood@cns.catholic.edu.au

Online: www.stjohnssilkwood.qld.edu.au/enrol



COMMUNITY NEWS

Join us at Playgroup

Where: Community Kindergarten Silkwood
 When: Every Wednesday (School Weeks)
 Time: 9:00am to 11:00am

Please bring morning tea and a hat for your child/ren.
 Coffee/tea provided for parents/carers.

\$2.00 per session

For more information contact Vera: 4065 9530 or the Kindergarten on: 42 52 5755

Make new friends. Share your experiences. Have fun with your children!

Fireflies Kids Art Play

Apr 9-13
 Kurrimine Progress Hall
 Thursdays 5-6.30pm

Materials provided - byo apron

\$10 pp Extra siblings - \$5.00

To book
 phone Maddy 0415058922
 or email: firefliesartplay@gmail.com

Relaxing Massage

Deep Tissue	Massage
Relaxation	Full Body
Foot Massage	Back, shoulders, neck, legs and feet
	\$75/HR

20 Years Experience in Australia and Japan

SORE BACK? TIGHT SHOULDERS? STIFF NECK?
 Tired / exhausted from a busy life?
 Book yourself in for a relaxing massage to help relax and restore your body

Bookings: Megumi 0448 625 654 Silkwood