



# St John's School & Catholic Community Kindergarten



*"A clever person solves a problem,  
a wise person avoids it!" Albert Einstein*

**Term 3 Week 10 – 11th September, 2024**

Dear Parents and Carers,

This week we welcome Chloe and her family to the St John's School community.



In Week 8, we held our **Bush Dance/ Father's Day night**. The evening was a great display of learnings the students have been doing this term, and also a **celebration** of the special men in our lives who are always there for us, including stepdads and grandads too. I congratulate the students on their skilful performance. Thank you to the teachers for providing quality learning experiences. A special thanks to Mrs deBuck for co-ordinating this event. Finally, thank you to family and community members who attended and the delicious shared supper. The children love performing for their family and your presence confirms the importance of celebrating their school learning together!

Last week, Mrs Parisi and I spent time analysing our **NAPLAN results** with a data expert from the Catholic Education office in Cairns. I am pleased to report to our community that we have had a sharp upward trend in all our results for Year 3 and Year 5. Year 3's average results are **well above state, national, and CEDC (Catholic Education Diocese of Cairns) in all areas of literacy, and they are above state for numeracy. Year 5 performed exceptionally well in writing and were well above the national, state, and CEDC levels. Year 5 numeracy was above state and CEDC.** Areas of focus for further growth are Grammar and Punctuation, and in partnership with parents, we would also like to see Reading results continue in their current strong upward trend.

Last Thursday the **students celebrated** the completion of the Premier's Reading Challenge with an afternoon of **fun activities**. This week students who have completed at least 35 nights of reading will be rewarded with extra playtime. We have a special surprise for those children who have gone way beyond this with over 50 nights of reading this term! **It is important to foster a love of reading amongst our students.** It is the foundation of a life-long skill that builds their capacity for academic success and everyday life.

Thank you to the families who attended our **Prep Open Morning** last week. If you would like to join our St. John's School community please complete an expression of interest form from our website - [www.stjohnssilkwood.qld.edu.au](http://www.stjohnssilkwood.qld.edu.au), click the "Enrol Now" button and complete your details. Alternatively, families can call the school office on 4065 9530 and pick up a form there.

Have a wonderful holiday, and God Bless,  
Debbie Daly, Acting Principal

## Diary Dates

### Friday 13th September

- ◆ Assembly 8:45am
- ◆ Mary Mills Netball - selected students
- ◆ Term 3 concludes

### Monday 30th September

- ◆ Term 4 commences

### Thursday 10th October

- ◆ GCC Orientation Year 7 students for 2025

### Wednesday 16th –

### Friday 18th October

- ◆ Year 5/6 Camp

### Wednesday 23rd October

- ◆ Fear-Less program 3-4:30pm

### Friday 25th October

- ◆ World Teachers' Day

### Wednesday 30th October

- ◆ Fear-Less program 3-4:30pm

### Monday 4th - 8th November

- ◆ BookFair



## CONTACT DETAILS

Phone: 07 4065 9530

Mobile: 0418 888 672

Harold St, Silkwood, Q. 4856

[www.stjohnssilkwood.qld.edu.au](http://www.stjohnssilkwood.qld.edu.au)

[www.facebook.com/StJohnsSilkwood](https://www.facebook.com/StJohnsSilkwood)

*Always Reaching For New Heights* 

## APRE News - Letter from SVDP Tully Branch following our successful Winter Appeal.

To the community of St John's School,  
On behalf of the St Clare's Conference of the St Vincent de Paul Society I thank you all for your generous support. This support has been going on for many years now, and your school has a special place in our hearts. I want to congratulate all the students, the staff, the families, and the local community who supported the appeal. Your contribution is greatly appreciated by us and goes a long way to helping those in most need in our community. There will be many needy people who will be helped by your good will.

The St Vincent de Paul Society is deeply concerned for the plight of those who struggle to meet their needs, be it areas of housing, employment, and health, among many others. Our contact with the needy in our community is to draw attention to their plight and their struggle to cope so that they can access those services which can help them find relief from their suffering.

The Good Lord doesn't care if you're the smartest or the strongest or the best. All He wants from us is that we do our best and always show kindness and a willingness to support those who struggle to keep up.

We're very sorry that due to unforeseen circumstances, we couldn't be present to thank you in person today.

One again we thank you for your generous support and we wish you all the best for the future. God bless you all. **Louie Crema. President.**

*Thank you to the St. John's community for your generous contributions to the SVDP Society and those less fortunate.*

### ***End of Term Prayer***

**We thank you Lord, for this term.**

**For the challenges, our successes, and the mistakes which we have learnt.**

**Be with us as we spend our time with family and friends. Give us strength and courage to do what is right; to be witnesses of our faith. Help us to appreciate what others do for us, to give time and effort to help others. To be peacemakers in our family.**

**Keep us save in our activities; give us good rest and good fun. Bring us back refreshed and ready for a new term. We thank you for our classmates, teachers, parents and a community that cares for us. Amen**

*Wishing families a safe and relaxing school holiday break!*

## **ST JOHN'S SCHOOL SILKWOOD**

**& St John's Community Kindergarten onsite**

**Continued school fee reductions for 2025**



**ENROL  
ONLINE NOW  
FOR 2025**

**After School Club  
available**



Buses from Mission Beach,  
El Arish, Kurrimine Beach,  
Silkwood & Japoonvale

**QUALITY,  
AFFORDABLE  
EDUCATION FOR  
YOUR CHILD**

**School Tours available**

[www.stjohnssilkwood.qld.edu.au](http://www.stjohnssilkwood.qld.edu.au)

**Online: [www.stjohnssilkwood.qld.edu.au/enrol](http://www.stjohnssilkwood.qld.edu.au/enrol)**



**Help them break free  
from anxiety**

**FREE IN  
QUEENSLAND!**

#### **How does anxiety affect children & teens?**

Some children are more prone to worrying than others. When children or teenagers become extra-worried, these anxious feelings can start to affect everyday life. They may even feel "sick with worry". But parents and caregivers can help kids gain confidence and learn to break free from the stress and anxiety cycle. With your help, they'll develop their own toolkit of coping skills - skills to help them now, and in the future.

#### **FEAR-LESS TRIPLE P HELPS YOU SUPPORT YOUR CHILD'S OR TEENAGER'S COPING SKILLS**

Over 6 sessions, this FREE group program introduces you to practical steps you can take to help your child or teenager (aged 6 to 14) to feel calmer and more capable. Fear-Less Triple P will help you:

- Understand more about child and teenager anxiety (and how to reduce it)
- Know which responses are most helpful when your child is anxious or upset
- Support your child to develop skills to cope with challenging situations and solve problems
- Learn more about a range of strategies based on proven principles

In fact, research shows that Fear-Less Triple P can help the whole family break free from the stress and anxiety cycle. And it's part of the Triple P - Positive Parenting Program! Your Triple P provider may also offer individual Fear-Less Triple P sessions or a 1-day Fear-Less Triple P Workshop - ask them for more information.

**Group Fear-Less Triple P (for parents of children in primary school)**

**Venue: St John's School, Harold Street, Silkwood**

**Dates and Times: Wednesdays - October 23<sup>rd</sup> to November 27<sup>th</sup>, 2024.**

**3:00pm - 4:30pm**

Session 1 - October 23<sup>rd</sup>: **Understanding Anxiety**

Session 2 - October 30<sup>th</sup>: **Promoting Emotional Resilience**

Session 3 - November 06<sup>th</sup>: **Setting a Good Example and Encouraging Realistic Thinking**

Session 4 - November 13<sup>th</sup>: **Overcoming Avoidance**

Session 5 - November 20<sup>th</sup>: **Responding to Children's Anxiety**

Session 6 - November 27<sup>th</sup>: **Constructive Problem Solving and Maintaining Gains**

**To register, call St John's School on 40659530. Limited spaces available!**





## From your School Counsellor.....Miss Jo.

As the end of Term 3 approaches, students and families will be anticipating a well-earned break from a long 10 week term. Enjoy the sunshine (hopefully) and the health benefits from being outside. By now students will be familiar with the rhythm of school and with this growth, confidence follows. This is a great time to nurture independence.

Giving 'our little people' the gift of independence lets them know that we value them so that they grow up with a strong sense of self-belief that they can do anything they put their mind to. Not only does this help our children grow and develop, but it also fosters them to be confident and competent communicators, curious and resilient explorers, and creative thinkers.

### Independence is important because...

- ◆ It promotes confidence and self-esteem, as well as motivation and perseverance in school.
- ◆ It fosters self-reliance, allowing your child to feel they have control over their life.
- ◆ It gives your child a sense of importance and belonging which is essential for building social relationships and for contributing to the world.
- ◆ It develops their levels of self-awareness and sensitivity towards others which teaches them to help those around them.
- ◆ It teaches them self-motivation as they have the freedom to find their own reasons to achieve.
- ◆ It provides them with the belief that they are competent and capable of taking care of themselves which makes them resilient to external challenges.
- ◆ It allows them to become good decision-makers as they have the freedom to consider various options before choosing the one they feel is best.
- ◆ It develops other vital qualities such as patience, concentration, self-help, co-operation, self-discipline and self-trust.
- ◆ It gives them the freedom to experience life fully and learn its many important lessons.
- ◆ It makes them happy and healthy as they feel a great sense of achievement and success as a direct result of their own actions.

So next time you are walking with your child to school, let them take charge, let them carry their own bag, put their own stuff away and watch their confidence grow from nurturing independence!

Wishing you a safe and happy two-week break.

*Warm regards, Miss Jo*

## Kindy News



As Term 3 concludes, we say thank you to our families for their on-going contributions to their children's

kindergarten experiences. We had a great time during book week, extending on our story telling skills, sharing special books and dressing up as favourite characters. Our Kindergarten group have been using finger puppets to tell stories. They enjoyed the Gingerbread Man so much we made our own delicious Gingerbread biscuits which we shared with our families.



Our Open Morning and family afternoon were both well attended by siblings and new community members alike. We really enjoy having the younger children come in with their families to familiarise themselves with our Kindergarten. Enrolments for 2025 are open. If you know anyone with kindergarten aged children please direct them our way.

We had some of our Kindergarten children participate in the St John's Bush Dance evening, and Wow! They did an amazing job joining in with the Mexican Hat Dance. Well done!

At the moment we are getting ready to complete Transition Statements. Forms have been handed out for you to sign to begin this process. Please have them returned before the end of term.

Have a fun holiday break,

*Regards, Ms Cheryl and Mrs Greco*

**Enquires call: 42 52 5755 Mobile: 0439 924 736**

**Email: [kindy.silkwood@cclc.catholic.org.au](mailto:kindy.silkwood@cclc.catholic.org.au)**

**Web: [www.cclc.catholic.org.au/community-kindergarten-silkwood/](http://www.cclc.catholic.org.au/community-kindergarten-silkwood/)**





# Bush Dance & Father's Night



## Emotionally Intelligent Parenting TUNING INTO KIDS

Tuning into Kids is a free evidence-based parenting program for parents and caregivers of children aged 3-10 years of age



Are you a parent or caregiver wanting to learn how to:

- Be better at talking with your child
- Have a better understanding of your child
- Help your child to learn to manage emotions
- Help to prevent behaviour problems in your child
- Teach your child to deal with conflict

When: 5 sessions run weekly from:  
Friday 11th October to Friday 8th November  
Time: 9:30am to 11:30am

Where: Community Support Centre, 13-17 Donald Street, Innisfail

Call 4043 8400 to register or scan QR code



Tuning  
in to Kids



## COMMUNITY NEWS

### Babina Munro PICTURE THEATRE FUTURE SCREENINGS

Fri 13, Sat 14, Sun 15 Sep	7.30pm Adults at Kids Price	G
200% wolf	<a href="#">More information</a>	
Fri 20, Sat 21, Sun 22 Sep	7.30pm Adults at Kids Price	M
Beetlejuice Beetlejuice	<a href="#">More information</a>	

**play matters** Affiliated

## Join us at Playgroup

Where: Community Kindergarten Silkwood  
When: Every Wednesday (School weeks)  
Time: 9:00am to 11:00am

Tea/Coffee provided

Please bring morning tea for your child/en

For further details call Vera/Tammy on 40659530 or the Kindergarten on 42525755